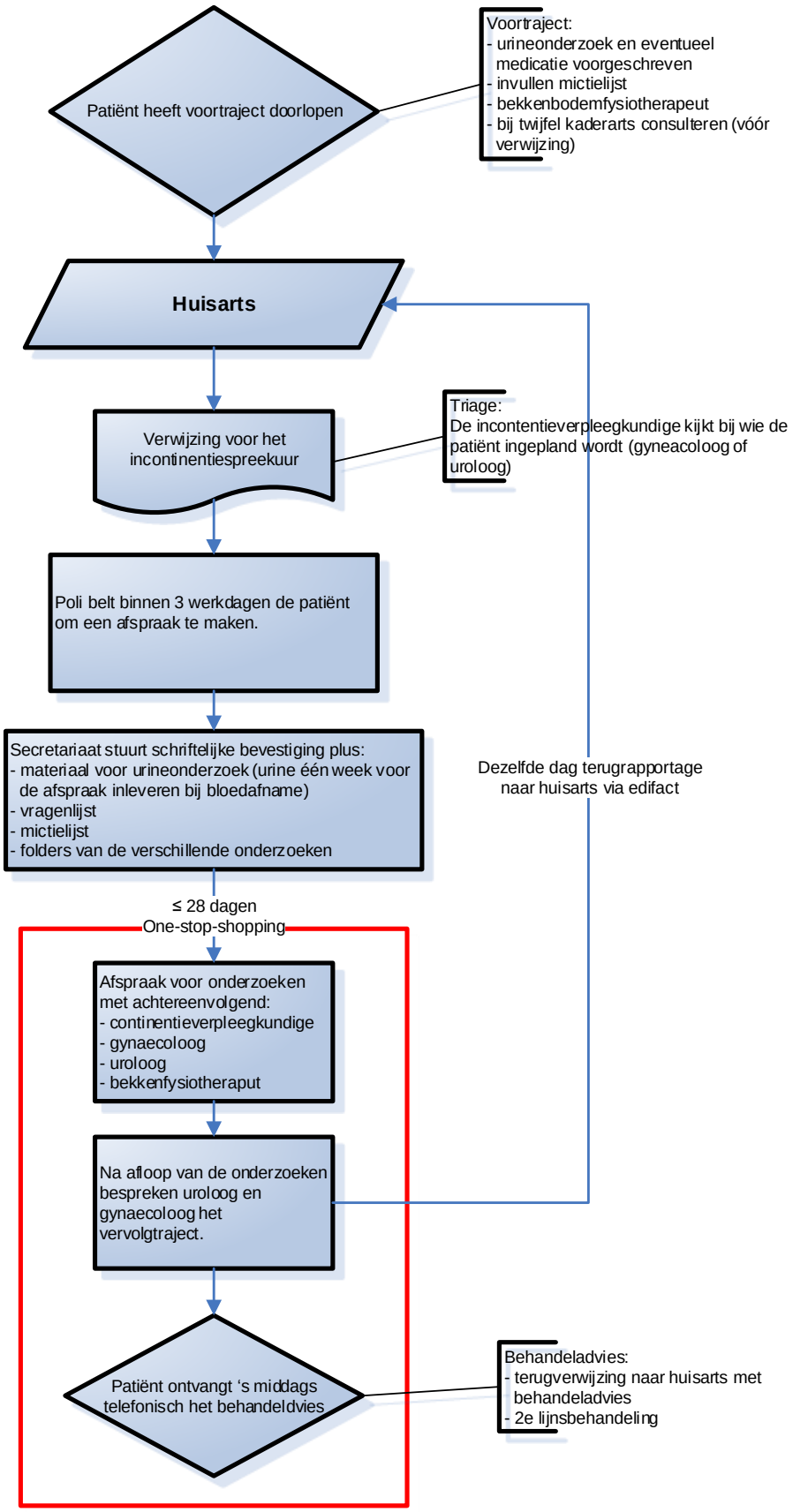Incontinentiespreekuur voor vrouwen